

# People with Chronic Conditions Get More Support with a Zing Health C-SNP

Our Chronic Special Needs Plans (C-SNP) take a proactive approach to help beneficiaries manage their chronic conditions more effectively by reducing potential risks, live longer, and have a better quality of life. Our plans focus on cardiovascular disease, heart failure, and diabetes.

It's important to remember that each beneficiary's journey is unique. Each condition has individualized goals and treatment needs.

We know identifying beneficiaries who may be eligible for a Zing Health C-SNP can sometimes be a challenge, but just a little information can be helpful. To help the identification of beneficiaries who may qualify for our C-SNPs, we put together a list of commonly prescribed medications for these conditions<sup>1</sup>.



<sup>1</sup>The list below is not exhaustive. It is meant to provide most prescribed medications to treat diabetes, cardiovascular disease, and heart failure. Zing does not endorse or recommend any specific products.

# Medications for Managing Chronic Conditions

## Cardiovascular Disease

Acebutolol	Nadolol
Amiodarone HCl Tab	Nebivolol
Amiodarone Hydrochloride	Nitro-BID
Amlodipine	Nitroglycerin capsules/tablets
Atenolol	Nitroglycerin spray
Bisoprolol	Nitroglycerin patch
Carvedilol or Carvedilol phosphate	Nitroglycerin transdermal
Coreg or Coreg CR	Pacerone
Corgard	Propafenone
Diltiazem	Propranolol
Dofetilide Capsules	Ranolazine
Dronedarone HCL	<p><b>Note:</b> Any formulation (capsule, tablet) and any dose/strength of the listed drugs would be included.</p> <p><b>Did you know?</b> Cardiovascular members tend to be on medications to treat high blood pressure in addition to the drugs listed for cardiovascular disease.</p>
Flecainide	
Isosorbide Dinitrate	
Isosorbide Dinitrate ER	
Isosorbide Mononitrate	
Isosorbide Mononitrate ER	
Labetolol	
Metoprolol tartrate or Metoprolol succinate	

## Chronic Heart Failure

**Did you know?** Many times, chronic heart failure members will be on the cardiovascular medications listed above as well as medications used to treat high blood pressure.

Aldactone	Eplerenone
Carvedilol	Furosemide
COREG	Hydralazine & Isosorbide
Corlanor	Inspira
Digoxin	Spironolactone
Entresto	Torsemide

**Note:** Any formulation (capsule, tablet) and/or any (dose/strength) and/or combination of the listed drugs would be included.

Insulins and Other Injectable Medications	Oral Diabetic Medications
Ademlog	Acarbose
Baqsimi	Alogliptin
Basaglar	Bexagliflozin
Dulaglutide	Canagliflozin
Digoxin	Dapagliflozin
FIASP	Empagliflozin
Glucagon	Ertugliflozin
Gvoke	Glimepiride
Humalog	Glipizide
Humulin	Glybyride
Insulin aspart.	Janumet
Insulin degludec	Jardiance
Insulin detemir	Kombiglyze
Insulin glargine	Linagliptin
Insulin inhalation powder	Miglitol
Insulin lispro	Nateglinide
Insulin NPH	Onglyza
Lantus Levemir	Pioglitzone
Levemir	Pramlintide
Novolin	Rapaglinide
Novolog	Saxagliptin
Soliqua	Sitagliptin
Toujeo	Synjardy
Tresiba	Xigduo